

# Recitation of the Shema

Cover your eyes with your right hand and say:

**Sh'ma** Yis-ra-eil, A-do-nai E-lo-hei-nu, A-do-nai E-chad.

*Whisper:*

Ba-ruch sheim k'vod mal-chu-to l'o-lam va-ed.

Listen to the recitation of *Shema*

**V'a-hav-ta** eit A-do-nai E-lo-he-cha,

B'chawl l'va-v'cha,

u-v'chawl naf-sh'cha,

u-v'chawl m'o-de-cha.

V'ha-yu ha-d'va-rim ha-ei-leh,

A-sher a-no-chi m'tsa-v'cha ha-yom, al l'va-ve-cha.

V'shi-nan-tam l'-va-ne-cha, v'di-bar-ta bam

b'shiv-t'cha b'vei-te-cha,

uv-lech-t'cha va-de-rech,

u-v'shawch-b'cha uv-ku-me-cha.

Uk-shar-tam l'ot al ya-de-cha,

v'ha-yu l'to-ta-fot bein ei-ne-cha.

Uch-tav-tam, al m'zu-zot bei-te-cha, u-vish-a-re-cha.

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שְׁמַע יִשְׂרָאֵל ה' אֱלֹהֵינוּ ה' אֶחָד.

בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

וְאַהֲבַתְּ אֶת יי אֱלֹהֶיךָ בְּכָל-לִבְּךָ וּבְכָל-נַפְשְׁךָ  
וּבְכָל-מְאֹדֶךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אָנֹכִי  
מְצַוְּךָ הַיּוֹם עַל לִבְּךָ. וְשָׁנַנְתָּם לְבְנֵיךָ וּדְבַרְתָּ בָּם  
בְּשַׁבְּתֶךָ בְּבֵיתֶךָ וּבְלַכְתֶּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ.  
וּקְשַׁרְתָּם לְאוֹת עַל יָדְךָ וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ.  
וּכְתַבְתָּם עַל מְזוֹזוֹת בֵּיתֶךָ וּבְשַׁעְרֶיךָ.

Hear, O Israel: The Lord Our God, The Lord Is One.

*Silently:*

Praised be His glorious sovereignty throughout all time.  
Love the Lord Your God with all your heart, with all  
your soul, with all your might. And these words  
which I command you this day shall you take to  
heart. You shall diligently teach them to Your  
children. You shall repeat them at home and away,  
morning and night. You shall bind them as a sign  
upon your hand, they shall be a symbol above your  
eyes, and you shall inscribe them upon the door-  
posts of your homes and upon your gates.

*Deuteronomy 6:4-9*